

# Grant me to see my own sins

ANTON ZORAN MUSIC, Man with joined hands, 1994

## *Patristic reading*

Lord and Master of my life, keep far from me the spirit of futility, discouragement, lust for power, and empty speech

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Lord and Master of my life,  
keep far from me the spirit of futility,  
discouragement, lust for power, and empty speech.

Grant to your servant  
the spirit of chastity, humility,  
patience and love.

Yes, my Lord and king,  
grant me to see my own sins  
and not to judge my neighbour.

For you are blessed for ever.  
Amen.

*St Ephrem the Syrian*  
*Prayer for Lent*